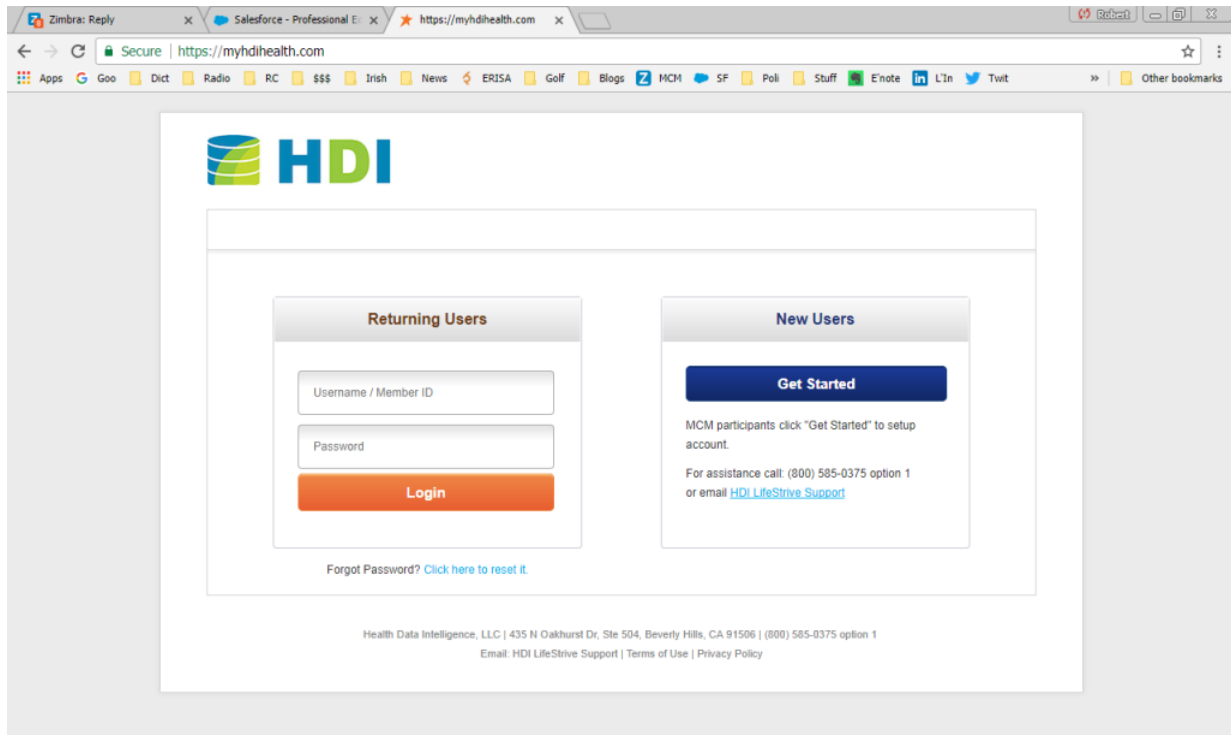


Welcome to the new (permanent) HDI LifeStrive online.

1. Go to: <https://myhdihealth.com/>



If you were registered on the old website your user name and password will still work.

First time visitors to the site will need to register as a new user. Here are some instructions to assist you with registration.

2. On the right side is a “New Users” section
3. Complete all required fields

Here is the toll-free number for participants: LifeStrive customer support: [\(800\) 585-0375 Ext. 1](tel:8005850375) or call direct: [\(866\) 458-0804](tel:8664580804)